

Iowa School Wellness Forum



9:30 - 9:45

Welcome

9:45 - 10:15

Dr. Richard Deming

- Medical Director, Mercy Cancer Center

10:15 - 10:30

Break

- Physical Activity led by Lyn Jenkins (DMPS)

10:30 - 11:00

School Nutrition & Wellness Requirements

- Carrie Scheidel - Iowa Dept. of Education

11:00 - 11:45

Partner Resources & Sharing

11:45 - 12:30

Lunch & Networking

12:30 - 1:15

School Panel: Best Practices for Partnership with Schools

- Lyn Jenkins - Des Moines Public Schools
- Angie Mitchell - Knoxville Community Schools
- Jodi Klein - Boyer Valley Community Schools

1:15 - 1:45

NE Iowa Food & Fitness:

Lessons Learned & Plans for Sustainability

- Andrew Blair

1:45 - 2:00

Physical Activity Break - Walk & Talk

2:00 - 2:15

Legislative Update

- Stacy Frelund - American Heart Association

2:15 - 2:45

Collective Impact Model

- Lynn Heuss - Iowa State University Extension & Outreach

2:45 - 3:00

Dr. Jennifer Groos

- President of Iowa Academy of Pediatrics

3:00

Adjourn